



Free Range 80%/85%/90% Ground Beef



80/20



8 57598 00232 5



85/15



8 57598 00110 6



90/10



8 57598 00115 1

Essential Specs

	80%	85%	90%
Item #s:	98312	98311	98310
COO:	URU		
Case Pack:	12/1# each		
Lbs/Case:	12 each		
Case Spec:	Net		
Fresh Shelf Life:	24 days		

Grill	Broil	Stew
Sauté	Roast	Braise

Nutrition Facts			
	80% / 20%	85% / 15%	90% / 10%
Serving Size	3 cooked oz (84g)†	3 cooked oz (84g)†	3 cooked oz (84g)†
Servings Per Pound	Varied	Varied	Varied
Amount Per Serving			
Calories	210	200	160
Calories from Fat	130	110	70
% Daily Value*			
Total Fat 14g, 12g, 7g	22%	20%	11%
Saturated Fat 6g, 4.5g, 3g	32%	20%	15%
Trans Fat 0g, 0g, 0g	0%	0%	0%
Cholesterol 70mg, 75mg, 70mg	23%	25%	20%
Sodium 70mg, 70mg, 55mg	3%	2%	2%
Potassium 260mg, 0mg, 0mg			
Total Carbohydrate 0g, 0g, 0g	0%	0%	0%
Dietary Fiber 0g, 0g, 0g	0%	0%	0%
Sugars 0g, 0g, 0g			
Protein 20g, 21g, 22g			
% Daily Value*			
Vitamin A	0%, 0%, 0%	Vitamin C	0%, 0%, 0%
Calcium	0%, 2%, 0%	Iron	15%, 20%, 15%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

† Nutritional information is based on cooking to 160°

Our free range, grass-fed ground beef is available in three lean/fat proportions: 80%/20%, 85%/15%, and 90%/10%, offering you a range to fit your budget and taste preferences. Our versatile ground beef creates burgers, meatballs, meatloafs, and more that are juicy and full of clean flavor.

- No added growth hormones



Serving Suggestions:

Our free range, grass-fed 80% lean ground beef makes a classic chili with beans, onions, stewed tomatoes and spices. 85% lean ground beef forms the basis of a fragrant Cuban picadillo dish of tomatoes, raisins, olives, chorizo and spices. Our 90% lean ground beef is perfect for lightened-up versions of recipes, such as beef enchiladas smothered with red chili sauce and low-fat cheese.



Verde Farms raises cattle on wide open pastures in harmony with the environment to produce remarkably rich and flavorful beef.

DANA EHRLICH
CEO & FOUNDER

FOR SALES INQUIRIES:

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